



#ilfornaio1
 ilfornaiostkilda
 events/ group bookings: mark@ilfornaio.com.au

FOOD FOR EVERYONE

We are committed to changing the way we consume food.
 Eating organic & sustainable should not be a badge of honour, but the standard.
 Our eggs are pasture raised on open fields.
 Our meats are traceable, ethical & sustainably produced.
 Our fruits & vegetables are farm fresh and seasonal.

proudly baking small batch bread and pastry in st kilda since 1996 our first batch breads and croissants

come out of the oven at **7am**
 second batch **10am**
 third batch **1pm**

SMOOTHIES

nutritional gifts, better than a rose from the batchie

SPREAD YOUR NEON WINGS	dragon fruit, mango, passionfruit, blueberries, ginger, coconut water	\$11
ADRIANA LIMA BEAN	celery, cucumber, banana, spinach, lemon, ginger, coconut water	\$11
I HAVE A PUN BUT I WILL NUT TELLA YOU	banana, cacao, almond butter, maca, protein, coconut mylk	\$11
YOU ARE JUICE THE CUTEST	daily cold pressed juices orange apple	\$6
KALE-AFORNAIA DREAMING	cucumber, kale, ginger, apple, capsicum	\$8
I'M KIND OF BIG DILL	beetroot, dill, carrot, celery, apple, lemon	\$8

WE'D LIKE TO PROPOSE A TOAST...

Glass of Frozee	\$7
2 for 1 bloody mary's errrry day	\$18
Bottle of prosecco	\$25
Little bottle	\$9.5
Bucket of four beers (beer's of the week) single	\$24
	\$8.0

IN ST KILDA WE ARE QUITE ALTERNATE, BELOW CAN BE SERVED WITH YOUR CHOICE OF MILK

OUR ORIGINAL RECEIPE CHAI LATTE	\$6	COFFEE	
TURMERIC, CAYENNE & GINGER LATTE	\$6	USUAL SUSPECTS	\$4
MATCHA MAIDEN COCONUT MYLK LATTE	\$6	SINGLE ORIGIN BATCH BREW	\$5
MORK DARK HOT CHOCOLATE	\$5	COFFEE FOR HOME 250GM (GROUND TO YOUR LIKING)	\$12
add house made almond butter or peanut butter	+2		

MOTHER OF DRAGON'S FRUIT SALAD

summer fruit salad, dragon fruit & coconut protein panacotta, nasturtiums, fresh mint, matcha glaze, granola crumb (vegan, GF)

\$17

PINK PORRIDGE IN A PINK BOWL

organic oat porridge, raspberry, dragonfruit, pomegranate, rhubarb, pink flowers (vegan option, GF)

\$15

GREEN BREAKFAST #LIKEAMOSS

kale, spinach, asparagus, quinoa, leek, avocado hummus, green poached egg, green flowers, matcha (vegan option, GF)

\$18

AVOCUDDLE TOAST

fresh avocado, heirloom tomato, puffed quinoa, snow pea & almond pesto, lemon myrtle, fetta, sourdough, finger lime (vegan option, GF option)

\$18.5

add poached egg + 3

HALLOU, IS IT MI YOU ARE LOOKING FOR

crushed avocado, pickled pumpkin, caper dressing, grilled halloumi, sweet potato toast, poached egg (vegan option, GF option)

\$19

add bacon + 5

DID SOMEONE SAY PANCAKES?

chocolate chip pancake stack, freeze dried banana, salted caramel & carrot ice cream, peanut butter sauce

\$20

add bacon + 5

HOLLANDAISE

turmeric & cauliflower hollandaise, two poached eggs, quinoa & blackbean fritters, avocado, sour dough toast (vegan option, GF)

\$19

blue algae hollandaise, two poached eggs, salmon, textures of beetroot, sourdough (GF option)

\$20

sriracha hollandaise, poached egg, potato rosti, bacon, pickled red onion, spinach, parsley yogurt (GF option)

\$22

BRIOCHE WILLIS WAGYU BURGER

180gm wagyu beef pattie, brioche burger bun, truffle cheese, peppercorn aioli, onion ring stack, bacon, hand cut chips (GF option)

\$22

NO BUN PLEASE OPTION

\$19

SOURDOUGHBAMA CHICKEN BURGER

grilled chicken breast, dragon fruit burger bun, sweet chilli aioli, house slaw, jack cheese, hand cut chips (GF option)

\$19

NO BUN PLEASE OPTION

\$17

ask for our off the menu vegan burger option

I GOT BAKED IN ST KILDA

baked sweet potato, quinoa, black beans, kale, avocado, green goddess dressing (vegan, GF)

\$18

MR BEAN GOES TO THE GYM

grilled chicken breast, high protein white & black beans, corn, fresh avocado, fresh herbs, avocado hummus (vegan option, GF)

\$19

add poached egg + 3

EGGS ON TOAST

our free range eggs are pasture raised on open fields your choice of poached/ scrambled/ fried on our sourdough toast or gluten free multigrain (vegan option, GF option)

\$11

SIDES:

avocado	5
spinach	4
kale	5
tomatoes	5
mushrooms	4
fetta	5
halloumi	5
quinoa & blackbean fritters	6
lean cut bacon	6
cured salmon	7
hash brown	5
sweet potato cake	4
sweet potato fries	7
hand cut chips	7